

TOWER HAMLETS HEALTH AND WELLBEING BOARD



Tuesday, 21 February 2017 at 5.30 p.m. MP702, 7th Floor, Town Hall, Mulberry Place, 5 Clove Crescent, London E14 2BG.

This meeting is open to the public to attend.

Members:		Representing
Chair:	Councillor Amy Whitelock Gibbs	Cabinet Member for Health & Adult Services
Vice-Chair:	Dr Sam Everington	Chair, Tower Hamlets Clinical Commissioning Group
	Councillor Rachael Saunders	Cabinet Member for Education & Children's Services
	Councillor David Edgar	Cabinet Member for Resources
	Councillor Sirajul Islam	Statutory Deputy Mayor and Cabinet Member for Housing Management & Performance
	Councillor Danny Hassell	Non - Executive Group Councillor
	Dr Somen Banerjee	Director of Public Health, LBTH
	Dr Amjad Rahi	Healthwatch Tower Hamlets Representative
	Debbie Jones	Corporate Director, Children's Services
	Denise Radley	Director of Adults' Services
	Jane Ball	Tower Hamlets Housing Forum
	Aman Dalvi	Corporate Director, Development & Renewal
	Councillor Gulam Robbani	Independent Group - Largest Minority Group on the Council
	Simon Hall	Acting Chief Officer ,NHS Tower Hamlets Clinical Commissioning Group
Co-opted Members		
	Dr Ian Basnett	Public Health Director, Barts Health NHS Trust
	DengYan San	Young Mayor
	Dr Navina Evans	Chief Executive East London NHS Foundation Trust
	Jackie Sullivan	Managing Director of Hospitals, Bart's Health Trust
	Sue Williams	Borough Commander - Chief Superintendent
	John Gillespie	Tower Hamlets Community Voluntary Sector, Health and Wellbeing Representative
<p>The quorum of the Board is a quarter of the membership including at least one Elected Member of the Council and one representative from the NHS Tower Hamlets Clinical Commissioning Group.</p>		

Questions

Before the formal business of the Board is considered, up to 15 minutes are available for public questions on any items of business on the agenda. Please send questions to the Officer below by **5pm the day before the meeting.**

Contact for further enquiries:

Democratic Services

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Role of the Tower Hamlets Health and Wellbeing Board.

- To encourage integrated working between persons who arrange for the provision of any health or social services in Tower Hamlets for the advancement of the health and wellbeing of the people in Tower Hamlets.
- To identify needs and priorities across Tower Hamlets and publish and refresh the Tower Hamlets Joint Strategic Needs Assessment (JSNA) so that future commissioning/policy decisions are based on evidence.
- To prepare the Joint Health and Wellbeing Strategy.
- To be involved in the development of any Clinical Commissioning Group (CCG) Commissioning Plan that applies to Tower Hamlets and to give its opinion to the CCG on any such proposed plan.
- To communicate and engage with local people on how they could achieve the best possible quality of life and be supported to exercise choice and control over their personal health and wellbeing. This will involve working with Local HealthWatch to make sure there's a continuous dialogue with the public to ensure services are meeting need.
- To carry out new functions as requested by the Secretary of State and as advised in guidance issued from time to time.

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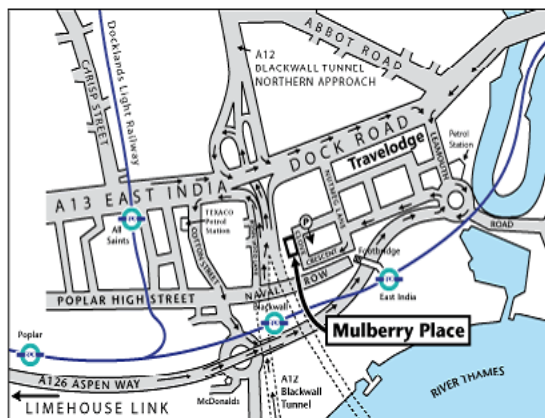
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	PAGE NUMBER(S)
5. ENGAGEMENT PAPER ON EMERGING STRATEGY	1 - 14
6. BETTER CARE FUND 2017-18 (TO FOLLOW)	15 - 22
7. CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH TRANSFORMATION PLAN	23 - 32

Date of Next Meeting:

Tuesday, 18 April 2017 at 5.30 p.m. in Mulberry Place, 5 Clove Crescent, London E14 2BG

Emerging Indoor Sports Facilities Strategy 2017 – 2027 & Open Space Strategy 2017 - 2027

Page 1

**Judith St John, Divisional Director for Sports,
Leisure, Culture and Youth**

**Thorsten Dreyer, Service Manager – Strategy,
Performance & Resources**

**Tracy Stanley, Senior Strategy, Policy &
Performance Officer**

21.02.2017

Agenda Item 5

Vision and priorities for the borough

Community Plan

- A great place to live
- Priorities include - creating good quality community spaces and facilities, investing in parks and making Tower Hamlets greener.
- One Tower Hamlets – a more equal and cohesive borough with strong community leadership

Strategic Plan

Creating and maintaining a vibrant, successful place and improved local environment

- Strategic objectives include – promoting healthy lifestyles, managing development pressures, more people living healthily and independently for longer and an improved environment

Health & Wellbeing Strategy

Priorities include 'Creating a Healthier Place' – impact of environment and local infrastructure, such as leisure facilities, parks and open space on health and wellbeing

- Links between health and development
- Places to meet and socialise
- Minimising air pollution
- Better and more creative use of open space
- More people using public space for healthy activities

Ambitions for physical activity – national, regional & local

- More people take up regular physical activity as a habit
- Improved access to facilities for groups with historically low participation
- More targeted, efficient and effective use of allocated resources
- Communities have facilities that enable members to come together in more inclusive way
- Sporting clubs and institutions - right supply and mix of facilities

Challenges – long term and emerging

- Financial climate, continuing austerity and need for savings – how to direct investment to best effect in order to maximise outcomes
- Population growth, 26% increase (296,300 in 2016 to 374,000 in 2026) - affecting capacity and increasing competing demands
- Pressure on local infrastructure and services, including parks, open spaces and indoor sports facilities
- How do we meet the increasing need for publicly accessible facilities to support physical activities, sport and healthier lifestyles?
- Increasing need for energy efficiency, tackling climate change and sustainability

Demographics & key issues

Accessible facilities



Slightly higher rate of severe disability in the working age population in the borough (4.1%) compared to the average in London (3.4%) underlining the importance of accessibility in optimising and planning of facilities

Economic & social deprivation



Pockets of significant social and economic deprivation within the borough which overlap with areas of low participation in sport and physical activity identified by Sport England

Healthy weight



13.6% of adults are classified as obese, better than the average for England

25.3% of 10-11 year olds in the borough are obese (9th highest in the country) but levels have plateaued over the past three years

Population increase



Population density is expected to increase by 25% during the strategy lifespan with the expectation this will increase pressure on, and demand for, parks and open spaces

Participation challenges



Participation challenges especially for women, ethnic minority groups and older people - highlights the need for indoor sports facilities to be accessible and suitable to increase participation

Health indicators



Gaps between the health of borough residents and the national average - it is also noted that households with the lowest income levels are less likely to engage in physical activity

Refresh of borough's sport and physical activity policies – suite of strategies being developed



Structure and approach of the strategies

- Quantitative assessment of supply
- Analysis of current supply against future demand
- Assessment of quality and value of the existing provision
- Provision across all providers / operators – not just the Council

Indoor Sports Facilities - what we already know



There are identified gaps in provision, both current and for the future – in capacity as well as spatially



We may not be able to fully meet demand due to financial constraints and the high demand for land



There is a need to ensure that facilities are efficient – economically and energy efficient to reduce carbon emissions



Facilities need to be located in the right areas and need to be fully accessible to all

What's in and out for supply and demand

- Facilities – sports hall, swimming pools and health & fitness gyms
- Recognises facilities within buffer zone (15 min walk) from borough boundary
- Outside of scope - leisure management contract and pricing issues

✓ IDEAL SPORTS NETWORK



Use available capital to **reconfigure and consolidate** facilities with a view to revenue saving without loss of capacity.



Have facilities located in locations where people will use them most and where they will **support the ambitions set out in the Local Plan**.



Address gaps in **provision now and in the future**, in particular for swimming pools and sports halls



Focus additional sports hall capacity on school sites to **maximise value for money**, as long as supported by analysis and adequate community access can be secured via development control



Provide dry (gym /sports hall) facilities alongside all swimming pools in order to **reduce the subsidy requirement**.



Ensure indoor sports facilities are **designed to be operationally efficient** (e.g. by enhancing energy efficiency)



Offer state of the art indoor sports facilities that are **fully accessible to all residents**, taking into account cultural, religious and physical inclusion needs

Parks and Open Space - what we already know



There is a deficit of open space in the borough and it will come under increasing demand pressure in the future



There are some parts of the borough outside of catchment areas for parks and open space



Pressures such as population growth and limited available land mean we are unlikely to be able to fully meet projected demand



Quality of spaces varies across the borough and across different providers



FUTURE APPROACH FOR PARKS AND OPEN SPACE



Attract and guide investment to best effect - aligning with Infrastructure Delivery Framework evidencing need for investment to secure funding



Secure new space through planning - maximise opportunities for new publicly accessible open space



Ensure prioritisation of areas with particular need - lack of green space, increased population growth, high levels of deprivation



Use parks and open space more effectively to address health inequalities and encourage healthier lifestyles including sport

Questions for the Health & Wellbeing Board

- **How can we address the key issues & challenges?**
- **What creative and innovative solutions are there?**
- **Indoor Sports Facilities**
 - Increase, and address gaps in provision of facilities both now and in the future.
 - Manage demand in the context of an increasing population
 - Make indoor sports facilities more accessible to local people, taking into account cultural, religious and physical inclusion needs as well as locations
- **Parks and Open Space**
 - Manage demand for parks and open spaces as the population increases
 - Make more creative use of open space, and increase quality to also increase use by local people

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The Better Care Fund in Tower Hamlets

Health and Wellbeing Board

21 February 2017

Integration – an HWBB Priority

- Developing an integrated system is a priority of the new HWB strategy. Our aims include:
 - providing targeted support to people with complex needs
 - ensuring that service priorities are shared across the system
 - ensuring that health and social care provision is as ‘seamless’ as possible
 - ensuring the best use of available resources
 - the council, the NHS and the voluntary sector working in partnership.
- The BCF acts as a catalyst for change, by clarifying strategic objectives and furthering the joining up of service planning and service delivery.

Our approach and vision

- Integrated care is a key plank of the strategic framework of the HWBB. It aims to:
 - improve health and wellbeing throughout all stages of life
 - reduce health inequalities; and
 - promote independence, choice and control.
- Services will:
 - empower patients, users and their carers
 - provide more responsive, coordinated and proactive care, including data sharing information between providers, to enhance the quality of care
 - ensure consistency and efficiency of care.

The BCF in Tower Hamlets

Page 18

- In 2016-17 the BCF in Tower Hamlets amounts to c£21.5m.
- Aims to support health and social care services to work more closely together and move towards integrated health and social care services by 2020.
- Particularly focused on reducing avoidable hospital admissions; facilitating early discharge; reducing admissions to residential/nursing care; improving service user/carer experience, and the protection of social care services.

Issues and Expected changes

- National guidance and funding allocations delayed
- Need to maintain programme locally after 31 March
- Expecting a two-year programme, instead of one
- Need for alignment with STP
- Opportunity to 'graduate' from BCF regime
- Need for HWBB to approve BCF programme and plan, (next HWBB not till April – therefore propose JCE takes the lead)

Current thinking for 2017-19

- Expand scope of services included within Better Care Fund
 - Include additional services where integrated commissioning approach will improve quality and efficiency for adults with complex needs, e.g.
 - End of life/palliative care
 - Services to prevent Delayed Transfers of Care
 - Market development of Voluntary and Community Sector
- During 2017-18, develop joint commissioning arrangements to improve oversight of provider partnership models of integrated care, e.g.
 - Mental Health and Learning Disabilities
 - Children's services, including children with special educational needs and disabilities

Recommendations

1. Note the delay in the issuance of national guidance governing the BCF for 2017-19, which has delayed the production of the borough's proposed BCF programme and plan;
2. Delegate to the Joint Commissioning Executive (JCE) responsibility for signing off and submitting to NHS England the borough's BCF Plan and Programme for 2017-19;
3. Agree that the proposed BCF Plan and Programme should be circulated to members of the HWBB for comment prior to submission;.
4. Agree that a further report be presented to the Health and Well-Being Board's April meeting.

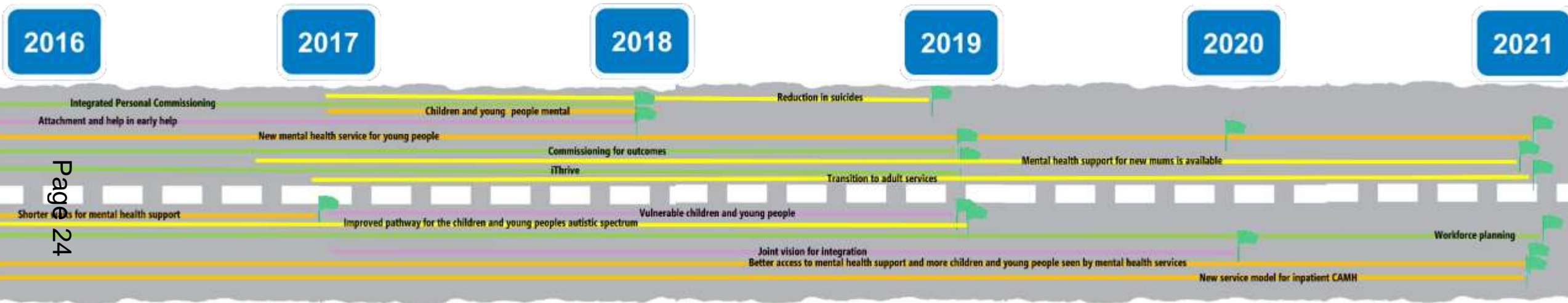
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NHS
Tower Hamlets
Clinical Commissioning Group

Transformation Road Map for Children and Young People's Mental Health and Wellbeing

Tower Hamlets Transformation Road Map for Children and Young People's Mental Health and Wellbeing



Page 24

We have started on a journey to transform our services by 2021

- Increase the proportion of children and young people seen by services to 35% of the population with a diagnosable mental condition
- Move towards more integrated services
- Focus on system improvements for specific groups
- Put in place enablers for the whole system

Increase to 35% of Diagnosable Population Seen by Services (1)

We aim to see 40% more children and young people by 2021 for evidence based treatments, compared to 2015 by :

More staff

Accredited training (CYP IAPT)

Better links with schools

New training for schools

A digital offer for mental health

Stronger engagement with young people

Reaching all Tower Hamlets' ethnic groups

Increase to 35% of Diagnosable Population Seen by Services (2)

Shorter waits

We will continue to reduce waiting times for
specialist mental health appointments

New young people's mental health service

Step Forward will implement their innovative
service for 14 to 21 year olds, provisionally called Stepping Stones

CYP mental health crisis response

Plan and deliver a more joined up response to young people who experience a mental health crisis

New service model for inpatient CAMHS

Commission a new service model in North East London for Tower Hamlets children who require acute
treatment

Integrated Services

Joint vision for integration

All young people should access youth work, early help and mental wellbeing together as a matter of course, whilst those with specific needs receive joined up help

Vulnerable children and young people

Improve services and outcomes for vulnerable children, including those who are Looked After and those in the criminal justice system

Attachment and help in early years

Support parent child attachment by strengthening help in early years

Focus on System Improvements

Mental health for new mothers

Improve our offer for pregnant women and new mothers, and increase specialist support for those who need it

Transition to adult services

Take further measurable steps to improve continuity and outcomes up to the age of 25

Improved pathway for those on the autistic spectrum

Join up services for children and young people and their families, offering more support and shorter waits for mental health assessment

Reduction in suicide

Our Tower Hamlets suicide prevention plan will include children and young people, contributing to a 10 per cent reduction for all ages by 2021

Whole System Enablers

Commissioning for outcomes

We will work in partnership to show measurable improvement in mental health outcomes for both those who experience problems, and longer term prevention

Workforce planning

We will publish plans to recruit, retain and train the staff we need over the next five years

iThrive

Tower Hamlets CAMHS will pilot this new model based around shared decision-making and partnership with parents

Integrated Personal Commissioning

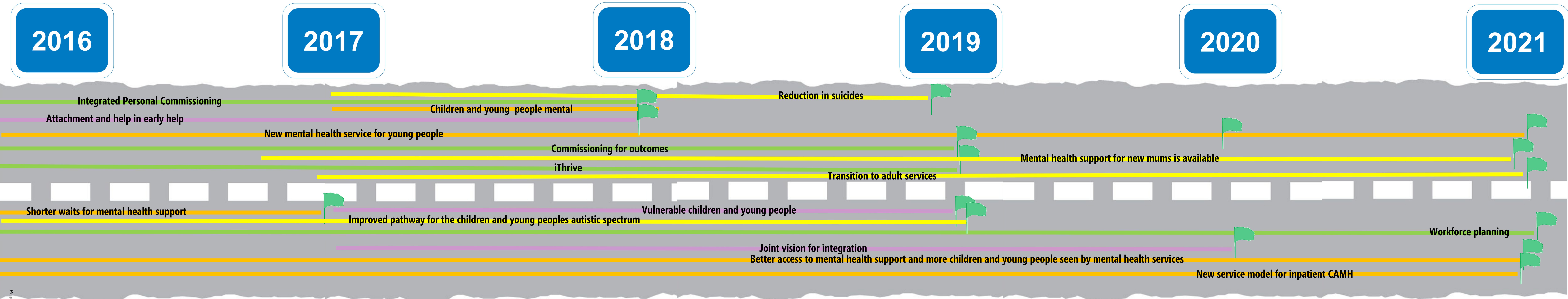
As part of a national demonstrator project, we will pilot Integrated Personal Commissioning for children and young people with Education Health and Social Care Plans

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Tower Hamlets Transformation Road Map for Children and Young People’s Mental Health and Wellbeing



Tower Hamlets
Clinical Commissioning Group



Increase to 35% of diagnosable population seen by services

Better access and more children and young people seen
We aim to see 40% more children and young people by 2021 for evidence based treatments, compared to 2015 - by more staff, and accredited training, better links with schools, and new training, a digital offer, stronger engagement with young people and reaching all Tower Hamlets ethnic groups

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